

Windows Five Programs You Should Remove from Windows Startup

Author: [Gordon McAlpin](#)

Windows startup programs are a common source of frustration for many users. These programs are designed to run automatically when the computer starts, but they can slow down the boot process and consume valuable system resources. In this article, we will discuss five programs that you should consider removing from your Windows startup to improve your system's performance.

By removing these programs, you can significantly reduce the time it takes for your computer to start up, resulting in a faster and more efficient system.

1. Helper Apps & Toolbar Apps

Helper apps and toolbar apps are often installed on your computer without your knowledge. These programs can be slow and clutter your desktop. Some examples include iTunesHelper, Google Toolbar Notifier, and various toolbar applications. Removing these programs can free up system resources and improve your computer's performance. [Check out this article on how to remove these programs and free up RAM.](#)

2. Bloatware

Bloatware refers to pre-installed software that is often unnecessary and slow. Examples include Toshiba utilities, Dell System Restore, and Compaq System Restore. These programs are designed to help with hardware-specific issues but can be removed if you are not using them. Removing bloatware can help reduce the amount of software running in the background, leading to a faster and more efficient system.

3. Security Apps

Security apps are essential for protecting your computer, but some can be slow and resource-intensive. Examples include Windows Security Essentials, McAfee, and Norton. If you are already using a reliable security solution, you may want to consider removing these additional apps to improve your system's performance. [Check out this article on how to remove these apps and improve your system's performance.](#)

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